

Flourless Pumpkin Cookies

Source: Sheila Ostdiek

Servings: 2 dozen

Ingredients:

- 1 cup pumpkin
- ½ cup coconut palm sugar
- 2 cup oats
- ½ cup almond milk
- ½ cup Craisins
- 1 tsp vanilla
- 1 tsp cinnamon
- ½ cup walnuts

Instructions:

1. Mix ingredients together in a bowl.
2. Put a spoonful of the mixture onto a cookie sheet and flatten with a fork.
3. Bake at 350 deg F for 15 minutes.